



Verisana LAB · Suite LP22190 · Lower Ground Floor ·
145-157 St John Street · London · EC1V 4PW

John Smith
Sample Street
Anytown

Surname, First name	Smith, John
DOB	01-01-1990
Sex	male
Laboratory #	20000009
Date collected	01-01-2019
Date received	01-01-2019
Report date	03-01-2019

Laboratory report

Enclosed you will find the results of your laboratory examination. In addition to your results you will also receive a brief summary of the correlating effects, regarding the tested parameters. These are compiled without any knowledge on the clinical background and as such, may only be used as an interpretation aid. In case of health problems, please consult a doctor or practitioner for medical treatment and accompaniment for making the best decisions for your health. We explicitly warn against beginning, suspending or changing any medication or therapy without consulting your doctor or practitioner.

Test: Candida

Sample material: stool

Analyte	Result	Reference range	Result
Stool ph value			
Ph-Value	6,0	6,2-6,8	
Yeast/Fungi			
Candida albicans	10 ⁵ -10 ⁶ cfu/ml	< 10 ² cfu/ml	

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Analyte	Result	Reference range	Result
Candida spec.	10^7-10^9	$< 10^2$	
Geotrichum candidum	10^3-10^4	$< 10^3$	
Yeast	positiv	negative	
Mouth Swab	$< 10^2$	$< 10^2$	

With a balanced diet the fecal pH should lie between 6,2 and 6,8. Acid fecal pH indicates disorders of intestinal ecology. Please take note of the acid-base balance.

Increased candida albicans indicates deficiencies in colonisation resistance, disturbances of intestinal flora and or mucosa and/or defects of mucosa. Yeasts may burden the body with toxic metabolites. Some patients respond to even low rates of yeast overgrowth.

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Geotrichum candidum is higher than the reference range. Mould fungi spores reach the intestine through food or over the mucous membranes. Due to no oxygen in the intestine they are normally incapable of causing mycoses in this area.

Yours sincerely,
Your laboratory team